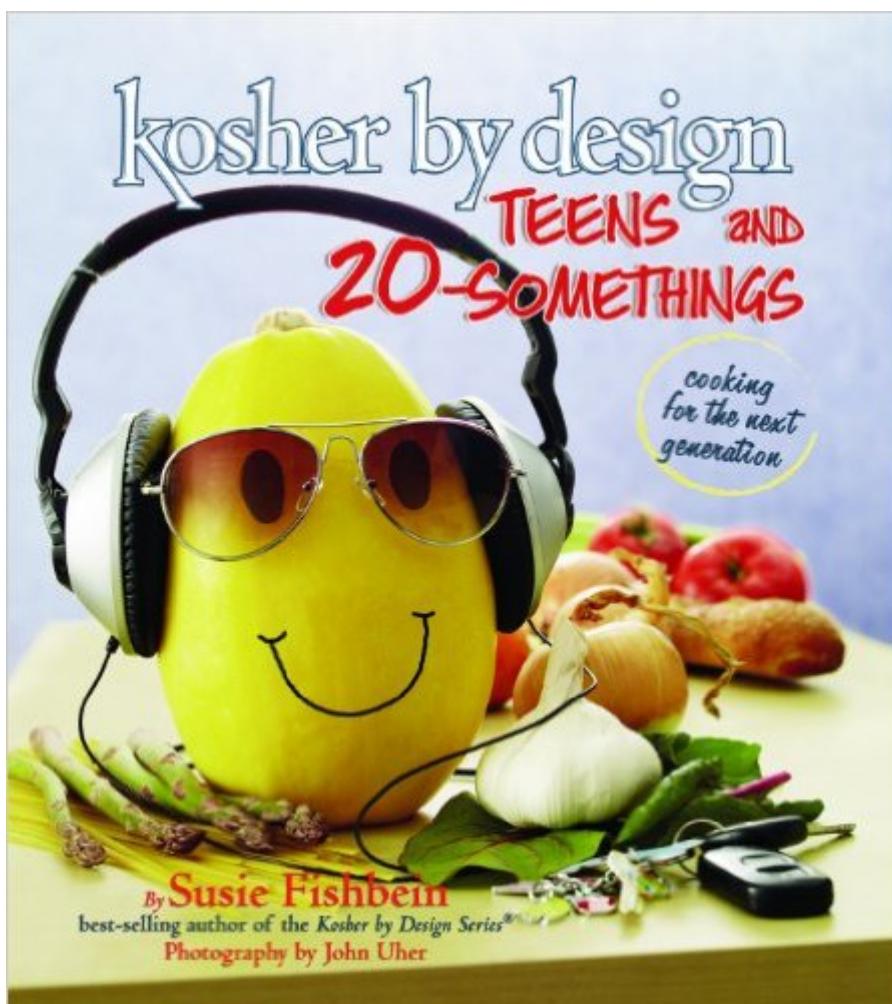


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# Kosher By Design: Teens And 20-Somethings: Cooking For The Next Generation



## Synopsis

You're young, busy, don't have a lot of time, but like to cook - or would like to learn. Then here's the cookbook you've been hungry for! Susie Fishbein knows fun cooking; her best-selling Kosher by Design series has revolutionized kosher cuisine. Susie also listens; so when teens and young adults asked for a cookbook that fits their lifestyle - fun food that's delicious and quick to prepare - she responded. Kosher by Design: Teens and 20-Somethings is just for them - just for you. Want to make amazing food at home instead of ordering another takeout meal? Thinking about surprising your mother with a superb full course dinner, but need help? Need creative ideas to plan a great party at home - even on short notice? Looking for simple-to-do recipes that don't require fancy kitchen gadgets? You're in luck! Here are 100 uncommonly delicious alternatives to common fast food! Students, newlyweds, young people at home, in their own apartments, or in dorms - (and the older adults who often feed them) - will all welcome Kosher by Design: Teens and 20-Somethings, the newest and most anticipated member of the KBD family. 100 easy-to-prepare brand new recipesLarge Full-color photo featured with every recipelcons to indicate vegetarian, nut-free, dairy-free, and gluten-free recipesUnforgettable party ideas: a backyard bash, game night and moreComprehensive cross-referenced index

## Book Information

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## Customer Reviews

This is my first time reading one of Susie Fishbein's cookbooks and I have to say that I really enjoyed it. It is chock full of the greatest yet simplest recipes that someone can cook. Even though I am not in the age range for this cookbook, it was well worth my viewing. The beginning of the

cookbook has a couple of different sections. The first one talks about what you need to do to get started cooking. The second one gives you different healthy eating tips along with the right equipment to use. The third one tells you about the different labels and how to read them. Beside every recipe is a label to let you know what type of recipe it is. For instance, there is V for vegetarian, GF for gluten-free, DF for dairy-free, and NF for nut-free. So as you can see, this cookbook isn't just for regular diets, it also accommodates those that have health issues, which in this day in age is a great inclusion. Just like most cookbooks, the recipes are broken down into different sections. I will break them down for you along with one of the recipes that I liked from each section. 1) Starters - Jamaican Jerk Chicken Wings 2) Munchies - Scones 3) Soups and Salads - Lox and Avocado Salad 4) Poultry and Meat - Teriyaki Mushroom Chicken 5) Fish, Pasta, and Dairy - Pesto Salmon 6) Side Dishes - Banana Pumpkin Cornbread 7) Desserts - Chocolate Chocolate Chip Sticks 8) Parties - Gives you ideas of party themes you can have. The recipes themselves are well written and very simple. One thing that I really loved is that there is a picture for every single recipe in the book. I love this because I like to see what it is going to look like before I make it. I need some kind of idea how it is going to turn out. They are very colorful also.

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